

## Week One

### What's Your Life Worth? (Your identity in Christ)

**Key Verse:** “For God bought you with a high price. So you must honour God with your body. 1 Corinthians 6:20 NLT

#### Value

The worth of something in terms of the amount of other things for which it can be exchanged or in terms of some medium of exchange. It is the price one is prepared to pay for something.

1 Corinthians 7:23

1 Peter 1:18, 19

Acts 20:28

Revelation 5:9

The same Greek word, ‘Agorazo’ is used in the first three passages above and simply means to ‘buy or purchase’. A different word, ‘redeemed’ is used in the Revelation passage, and means, ‘to set someone free by paying a ransom’.

What is your value as a Christian? What was the price paid for your freedom?

#### Who am I?

In order to be the wholesome women that God intended us to be, we need to begin to look at ourselves through the mirror of God’s Word. Too often we are looking at ourselves through the lenses of our past, our experiences, our education (or lack of it), our worldly status or what other people think of us. The most important question we should be asking ourselves is “What does God think of me?” Before we can be of any influence to the people around us, we must be fully assured of who we are in Christ. We cannot give out what we haven’t first received.

#### 1. I am accepted

Romans 15:7 – I have been accepted by Christ

Ephesians 1:5 – I have been adopted into the family of God

John 1:12 – I am His child

Ephesians 1:4 – I have been chosen by Him before the foundation of the world

Romans 5:19 – I am justified

Ephesians 2:13 – I have been brought near to Christ

Colossians 1:14 – I have been forgiven of all my sins

Colossians 2:10 – I am complete in Him

1 John 4:10 – I am loved by Him

#### 2. I am secure

1 John 5:18 – I am kept by Him and the evil one cannot touch me

Philippians 4:13 I can do everything through Christ who gives me strength.  
Romans 8:1 – I am free from condemnation  
Romans 8:38-39 – I cannot be separated from His love  
2 Peter 1:3 – I have been given everything I need to live a godly life  
Psalm 54:17 – I am safe from every weapon formed against me  
Psalm 91:11, 14 – He will give His angels charge over me, He will deliver me  
Colossians 2: 20 – I have been set free from the spiritual powers of this world.  
Colossians 3:3 - I am hidden with Christ in God

### **3. I am significant**

1 Timothy 1:9 – I have been called with a holy calling  
Ephesians 2:10 – I am His workmanship created for good works  
John 15:16 – I have been chosen and appointed to bear fruit  
Ephesians 2:6 – I am seated with Christ in heavenly places  
2 Corinthians 7:1 - I am an ambassador for Christ  
2 Corinthians 3:6 – I am adequate as His servant  
1 Corinthians 3:15 – I am God's temple  
Philippians 2:15 – I shine like a star in this world  
2 Corinthians 2:14,15 – I am the fragrance of Christ and through me He spreads the knowledge of Himself.

**Thought** – It is interesting that the Apostle John always referred to himself as the disciple that Jesus loved. That was his identity – “one loved by God”. Imagine if we went about with that thought at the forefront of our consciousness?

### **Homework**

How do you see yourself?

In light of what we have just studied do you need to look at yourself through a different mirror?

Go through the book of Ephesians and underline all the verses that have “in Him” or “in Christ”. Spend time thinking about what those verses mean for you today. Every time you are tempted to think otherwise remind yourself of the truths of these verses.

Now write a few sentences describing who you are in light of what you have learned.

### **Recommended reading:**

Steps to Freedom In Christ by Dr Neil T. Anderson (Monarch Books published 2003)